

LOURDES BENES, MD

EXPERIENCE

NEUROLOGY ONE – ADVANCED CENTER FOR NEUROSCIENCE & BRAIN WELLNESS Orlando, FL Medical Director	2019 – Present
NEURO FIT BRAIN FITNESS Orlando, FL Medical Director	2022 – Present
ORLANDO VETERANS AFFAIRS MEDICAL CENTER, NEUROLOGY DEPARTMENT Orlando, FL Cognitive & Behavioral and Movement Disorders Specialist	2019 – 2021
ADVANCED NEUROLOGY CENTER OF PR Caguas, PR Medical Director	2008 – 2018
HIMA-SAN PABLO HOSPITAL Caguas, PR Hospital Privileges	2008 – 2018

EDUCATION

ORLANDO VETERANS AFFAIRS MEDICAL CENTER Orlando, FL Cognitive Neurology & Movement Disorders Fellowships	2018 – 2019
UNIVERSITY OF SOUTH FLORIDA Tampa, FL Neurology Residency	2005 – 2008
ST. LUKE’S HOSPITAL Ponce, PR Medicine Internship	2004 – 2005
NEW YORK MEDICAL COLLEGE Valhalla, NY Medical Degree / Fifth Pathway	2003 – 2004
UNIVERSIDAD AUTÓNOMA DE GUADALAJARA Guadalajara, MX Medical Degree	1999 – 2003
UNIVERSITY OF PUERTO RICO San Juan, PR BS Biology	1994 – 1999

PRESENTATIONS & PUBLICATIONS

Marshal, B, Sharma U, Benes Lima, L, Rossi, F. Hemisensory Loss in Myasthenia Gravis. BMJ Case Reports, 2021 http://orcid.org/0000-0001-7661-746X .	2021
Rossi, F, Ma, J, Benes Lima, L, Tsakadze, N, Hoffmann, M. Genetic Rhabdomyolysis within the Spectrum of the Spinocerebellar Ataxia Type 2 Responsive to Pregabalin. The Cerebellum, 2020 pending.	2020
Marshal, B, Benes Lima, L, Rossi, F. Hemisensory Loss in Myasthenia Gravis. BMJ case reports, 2020 pending.	2020

Rossi, F, J, Benes Lima, L, Tsakadze, N, Rossi, E, M, Hoffmann, M. Partial Human Kluver-Bucy Syndrome Secondary to Right Frontal Arterio-venous Malformation (AVM) Resection: A Neuroimage Case Report. <i>Neurological Disorders & Epilepsy Journal</i> 2020; 3(1): 127.	2020
Rossi, F, Tsakadze N, Benes Lima, L, Hoffmann M, Benbadis S. Eye-Tiger Sign by mixed organic solvents. <i>Neurological Disorders & Epilepsy Journal</i> , 2020.	2020
Tsakadze, N, Catania J, Hoffmann M, Benes Lima, L, Franco MC, Alvaro Estevez, Rossi, F. Case Report: Length dependent small fiber polyneuropathy caused by Coxsackie and Influenza Virus Co-infection. <i>J Neurol Exp Neurosci</i> 2019. https://doi.org/10.17756/jnen.2019-061 .	2019
Rossi, F, Liu W, Tsakadze N, Benes Lima, L, Rossi, E, Hoffmann, M Left foot weakness and wasting with pes cavus and enlargement nerve roots <i>Practical Neurology</i> , September 2019	2019
Benes Lima L, Ali H, Hoffmann M. Extreme Happiness as a Frontotemporal Syndrome Presentation. Poster Presentation. Florida Society of Neurology Annual Meeting, Orlando FL. September 29, 2018.	2018
Brain Fitness & MCI, Rotary Club Luncheon, Orlando FL, October 22, 2018.	2018
Wellness & Brain Health, Orlando FL, August 22, 2018.	2018
Mild Cognitive Impairment & Dementia Caregiver Connection Education Series, Orlando FL, June 21, 2018.	2018
Scientific presentation. Physical Exercise Helps Higher Brain Functions. Dimension Data Americas Leadership Forum: Leadership Lifestyle, Orlando, Florida.	2018
Benes Lima L, Krolczyk S, Muniz J, Acosta I, Lefler J, Casady L. Multiphasic Acute Disseminated Encephalomyelitis in young woman after Human Papilloma Virus and Meningococcal vaccination. Poster presentation. Consortium of Multiple Sclerosis Centers 22 nd Annual Meeting, Denver, CO.	2008
Hoffmann M, Benes Lima L. Post Stroke emotional intelligence impairment is common and associated with diverse lesions. Poster presentation. ANPA 19 th Annual Meeting, Savannah, Georgia.	2008
Hoffmann M, Benes Lima L. Frontal network syndromes are common in stroke patients. Poster presentation. International Stroke Conference, New Orleans, Louisiana.	2007
Zesiewicz TA, Sullivan KL, Hoffmann M, Benes Lima L, Smith DA, Ward CL, Hauser RA. Delayed thalamic intracranial hemorrhage in an essential tremor patient following deep brain stimulation. <i>Eur Neurol.</i> 2008; 59(3-4):187-9.	2008
CARE-MS II - Phase 3, Randomized, Rater and Dose Blinded Study comparing two annual cycles of intravenous low-and high-dose Alemtuzumab to three-times weekly subcutaneous Interferon Beta-1a (Rebif) in patients with Relapsing-Remitting Multiple Sclerosis who have relapsed on therapy. Role: Sub-PI. Krolczyk S (PI). University of South Florida, Tampa.	2007
Invited Grand Round Speaker, Department of Neurology, University of South Florida, Tampa: "Chiari I Malformation". October 12, 2007.	2007
Hoffmann M, Benes Lima L. Etiology of frontal network syndromes in isolated subtentorial stroke. Poster Presentation. Florida Society of Neurology Annual Meeting: Advances in Neurology & the 2 nd Florida Neurology Residents Research Day and Fellowship/Job Fair, Orlando, Florida.	2007
Clinical Epilepsy. Course Monitor. 59 th AAN Annual Meeting, Boston, Massachusetts.	2007

Krolczyk, S, Wilson, M, Benes Lima L, Gonzalez, A, Chen, S. Persistent Idiopathic Facial Pain. EMedicine.	2007
Invited Panel Discussant/Moderator: Acute Ischemic Stroke. Department of Neurology, University of South Florida, Tampa. April 4, 2007.	2007
Hoffmann M, Benes Lima L, White J. Etiology of frontal network syndromes in isolated subtentorial stroke. Poster presentation. ANPA 18 th Annual Meeting, Tucson, Arizona.	2007
Hoffmann, M, White, JM, Benes Lima, L. Apathy is common after anterior, subcortical and subtentorial strokes syndromes. Poster presentation. Joint World Congress on Stroke, Cape Town, South Africa.	2006
Zesiewicz T, Sullivan, K, Smith D, Hauser R, Benes Lima, L. Delayed Thalamic Intracranial Hemorrhage in an Essential Tremor Patient Following Deep Brain Stimulation. Case report.	2006
Malek A, Hoffmann, M. Intracranial Hemorrhage. Low 30-day mortality by medical management in 307 patients. Poster presentation. AAN 58th Annual Meeting, San Diego, California.	2006

RESEARCH

Frontotemporal Lobe Disorders and Related War Illness Treatments Registry: A Precision Medicine Approach for Lifestyle/Behavioral Intervention and Augmentation of Neuroplasticity. Orlando VA Medical Center. Role: PI	2019-Present
A randomized control study to compare the safety and efficacy of IPX203 with intermediate release carbidopa levodopa in Parkinson disease patients with motor fluctuations. Sponsor: Impax laboratories, LLC, Role: Co-PI	2020-Present
Multicenter, randomized, double blind, placebo-controlled study to evaluate the efficacy, safety, and tolerability of 36 weeks of treatment with NLY 01 in early stage Parkinson's disease. Sponsor: Neurology, Inc. Role: Co-PI	2020-Present
A Clinical Trial Investigating the Efficacy, Safety and Tolerability of Continuous Subcutaneous ND0612 Infusion in Comparison to Oral IR-LD/CD in Subjects With Parkinson's Disease Experiencing Motor Fluctuations (BouNDless). Sponsor: Neuroderm. Role: Co-PI	2020-Present

CHAPTERS

Rossi, F, Rodriguez-Nazario, C, Benes Lima L, Tsakadze, N. Sleep disorders and Headaches, Intech Press 2020, Chapter 3 (in Press).	2020
Nunes M, Sharma U, Tsakadze N, Benes Lima, L Alani M, Ullah A, Rodriguez-Nazario, C and Rossi F. Sleep disorders and Epilepsy. Intech Press 2020, Chapter 5 (in Press).	2020
Alani M, Ullah A, Benes Lima, L, Nunes M, Sharma U, Tsakadze N, Rodriguez-Nazario, C and Rossi, F. Sleep disorders and neurodegenerative disorders. Intech Press 2020, Chapter 6 (in Press).	2020

ABSTRACTS

Alani, M., Rossi, F., Hoffmann, M., Benes Lima, L., Tsakadze, N., Sharma, U. Zic4 Antibody Positive Autoimmune Encephalitis Responding to Rituximab After Failing First Line Therapies: A Case Report. AAN.	2020
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APPOINTMENTS, HONORS & AWARDS

Faculty Member, UCF College of Medicine Orlando, FL	2018 – Present
Orlando’s Elite Doctors of the Year – Orlando Style Magazine	2023
2023 Top Physicians – Orlando Family Magazine	2023
2023 Top Doctors – Top Doctors Magazine	2023
Attending Neurologist, VA Medical Center Orlando, FL	2019 – 2021
Director of the Parkinson’s Consortium Center, VA Medical Center Orlando, FL	2019 – 2021
Chief Resident, USF Neurology Program Tampa, FL	2007 – 2008
Outstanding Resident of the Year Award, USF Neurology Program Tampa, FL	2008
Research Resident of the Year Award, USF Neurology Program Tampa, FL	2007
Florida Society of Neurology Travel Fellowship Award Orlando, FL	2007
USF-Tampa General Hospital Stroke Program Distinguished Service Award Tampa, FL	2006

PROFESSIONAL MEMBERSHIPS

American Academy of Neurology

American Medical Association

Movement Disorders Society

Florida Medical Association

American Board of Psychiatry and Neurology

Alzheimer’s Association International Society to Advance Alzheimer’s Research and Treatment

ADDITIONAL INFORMATION

Board Certified by the American Board of Psychiatry and Neurology

Experienced on the interpretation of Electroencephalograms

Clinical Procedures: Botulinum Toxin Injections (Migraine Headaches, Cervical Dystonia, Blepharospasm, Hemifacial Spasm and Spasticity), Occipital Nerve blocks, Trigger Point injections and Lumbar puncture

Quarterly lectures on Movement Disorders topics to University of Central Florida medical students and residents

Fluent in both Spanish and English